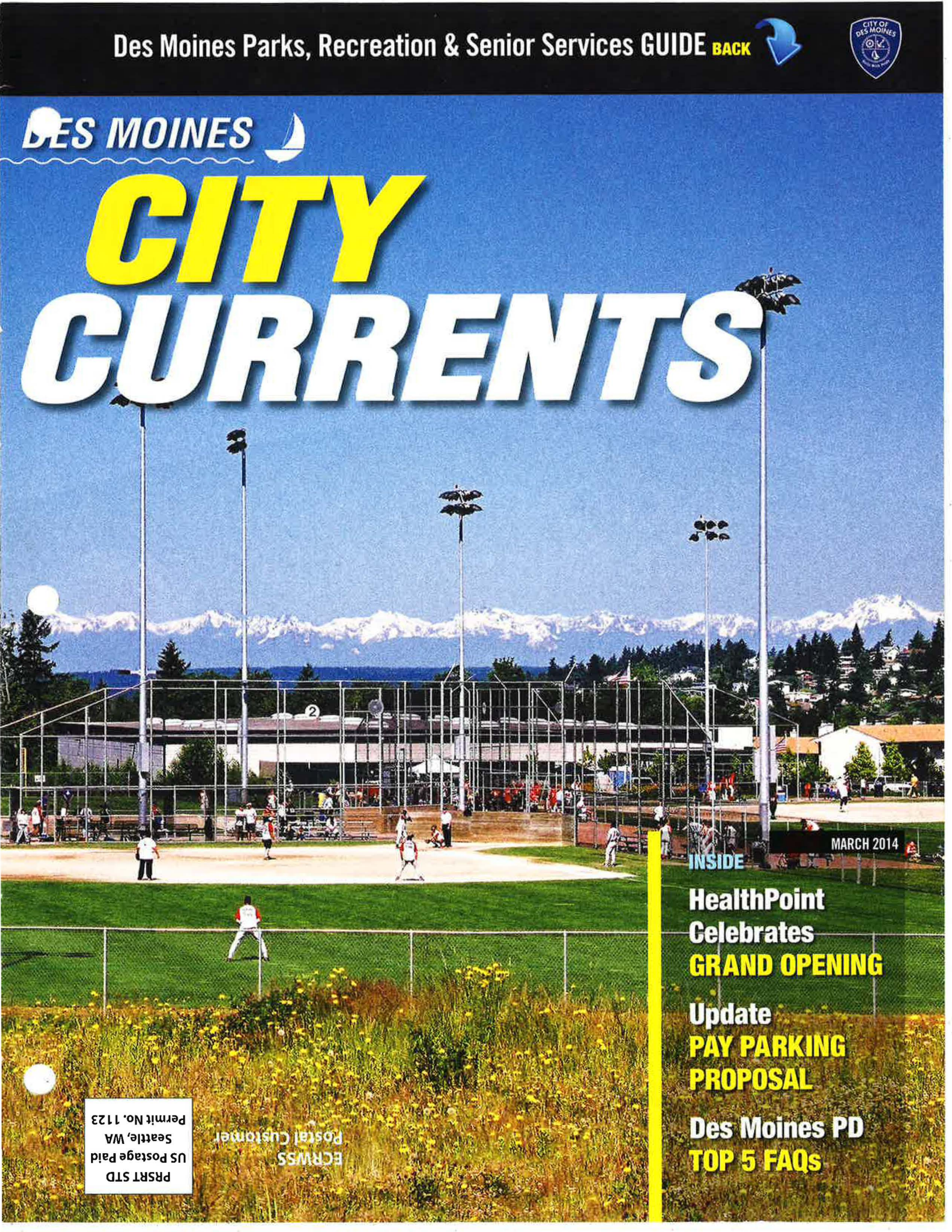




DES MOINES 

CITY CURRENTS



MARCH 2014

INSIDE

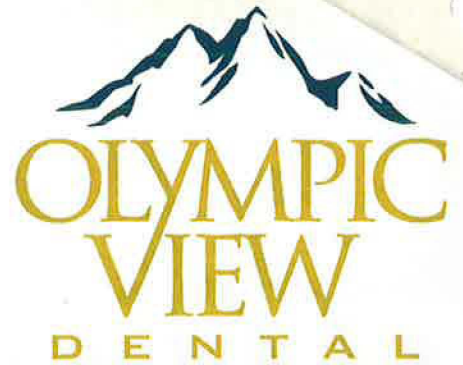
**HealthPoint
Celebrates
GRAND OPENING**

**Update
PAY PARKING
PROPOSAL**

**Des Moines PD
TOP 5 FAQs**

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On the flip side...

Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the spring schedule. Don't miss:

- Sneak Peak at Camp KHAOS 2014
- Great classes and sports for youth!
- Neon Glow & Zombie Apocalypse dances for teens!
- Dance and Fitness classes fit for spring.
- Senior Outings to great local destinations and whirlwind tours of New York, New England or Cuba!



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Cover photo by Carmen Scott

MEET BEACH NATURALISTS



2014

Join trained volunteers and explore the beach with us!
Look for signs at the beaches listed on the dates and hours below.

Please note: low tide usually falls in the middle of the hours listed.

Des Moines Beach Park:

May 31	11:30am–2:30pm	July 10	9:30am–12:30pm	July 26	10:30am–1pm
June 14*	10:30am–2:30pm	July 11	9:30am–1:30pm	July 27	11am–1:30pm
June 15*	11:30am–3:30pm	July 12*	10am–2pm	Aug. 9	9:30am–12:30pm
June 27	10am–1:30pm	July 13*	10am–2pm	Aug. 10	10:30am–1:30pm
June 28	10:30am–1:30pm	July 14	10:30am–2:30pm	Aug. 11	10:30am–1:30pm
June 29	12pm–2:30pm				

Redondo Beach:

June 14*	10:30am–2:30pm	July 12*	10am–2pm	Aug. 9	9:30am–12:30pm
June 15*	11:30am–3:30pm	July 13*	10am–2pm	Aug. 10	10:30am–1:30pm

Visit SeattleAquarium.org for more information and driving directions.

Interested in becoming a volunteer Beach Naturalist?

Email beachnaturalist@seattleaquarium.org or call (206) 386-4365 by March 22, 2014.

The Beach Naturalist Program is sponsored by the following partners:

Amgen Foundation ♦ City of Burien ♦ City of Des Moines ♦ City of Shoreline ♦ Seattle Department of Parks & Recreation



(* lowest tide)

This project is funded in part by a King County Flood Control District Cooperative Watershed Management grant

**City Council Highlights
from Mid July-Mid November
Ordinance 1586-1591
Resolution 1243-1251**

Held Public Hearings:

- Year 2014 General Property Tax Levies.
- Adoption of Year 2014 Budget.
- Zoning and Land Use Regulations for Producers, Processors and Retailers of Recreational Marijuana Licensed by the State of Washington.
- Amendments to Title 18 DMMC.
- Amendments to the Phase-In Schedule for Transportation Impact Fees.
- Minor Deviation, Blueberry Lane PUD.
- Des Moines Creek Business Park Amended and Restated Second Development Agreement with Panattoni Master Plan File Number LUA2013-0036.

Approved the following action:

- Approved Property Taxes Levied, Ordinance No. 1586.
- Added New Chapter to Title 18 DMMC Entitled "State-Licensed Marijuana Producers, Processors and Retailers", Ordinance No. 1587.
- Amended DMMC 12.56.040, Phase-In Schedule for Collection of Transportation Impact Fees, Ordinance No. 1588.
- Adopted the Final Budget for 2014, Ordinance No. 1589.

- Established a Uniform Rate Structure for Marina Charges, Effective February 1, 2014, Ordinance No. 1590.
- Replaced Title 18 DMMC Entitled "Zoning"; and Repealed the Previously Codified Provisions of Title 18 DMMC and Underlying Ordinances, Ordinance No. 1591.
- Entered into an Interlocal Agreement with Association of Washington Cities for Health Care, Resolution No. 1243.
- Adopted 2014-2019 Capital Improvement Plan, Resolution No. 1244.
- Set the 2014 Monthly Marina Moorage Rates for General Berths, Resolution No. 1245.
- Approved the Minor Deviation to the Preliminary Blueberry Lane Planning Unit Development Subdivision, Resolution No. 1246.
- Surplus of Vehicles, Resolution No. 1247.
- Approved the Proposed Settlement in the Administrative Appeal of the 2013-2018 National Pollutant Discharge Elimination System Phase II Permit, Resolution No. 1248.
- Fixed a Time for a Public Hearing to Consider Draft Ordinance No. 13-279 which Amends the Marina District Parking Waiver Codified in DMMC 18.210.070(3), Resolution No. 1249.
- Authorized the Rotary Club to Provide Parking for its 2014 Poverty Bay Wine Festival at the Marina, Resolution No. 1250.
- Authorized Destination Des Moines to Conduct Summer Events, Resolution No. 1251.

Other Action Taken:

- Arts Commission Appointments.
- Held Council Retreat to Discuss 2014 City Council Vision, Mission Statement, Goals and Strategic Objectives.
- Mayoral Appointment to the Human Services Advisory Committee.
- Mayoral Appointments to the Senior Services Advisory Committee.



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Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays at 7pm**

DES MOINES DIRECTORY



City Hall

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Business Hours

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8am – 4:30pm

www.desmoineswa.gov

City Council

Dave Kaplan, Mayor DKaplan@desmoineswa.gov
 Matt Pina, Mayor Pro Tem MPina@desmoineswa.gov
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 Bob Sheckler BSheckler@desmoineswa.gov

City Offices

City Attorney 206-870-6553
 City Clerk 206-870-6519
 City Manager 206-870-6541
 Planning/Building 206-870-7576
 Engineering 206-870-6522
 Facilities Rentals 206-870-9370
 Finance Director 206-870-6512
 Marina 206-824-5700
 Municipal Court 206-878-4597
 Parks Administration 206-870-6527
 Police Department 206-878-3301
 Public Works/Park Maintenance 206-870-6559
 Recreation 206-870-6527
 Senior Services 206-878-1642

Other Numbers

Emergency 911
 Animal Control 206-870-6549
 Field House 206-870-6527
 Fire (non-emergency) 253-839-6234
 Library, Des Moines 206-824-6066
 Library, Woodmont 253-839-0121
 Police Dispatch (non-emergency) 206-878-2121

Utilities and Services

Century Link 800-573-1311
 CleanScapes 206-762-4900
 Comcast 877-778-7008
 Highline Water District 206-824-0375
 Lakehaven Wtr/Sewer 253-941-1516
 Midway Sewer District 206-824-4960
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DES MOINES

**CITY
CURRENTS**

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Status of the proposal for pay parking at the Des Moines Marina and Beach Park

Over the last six months, the Des Moines City Council and staff have been discussing the potential implementation of a paid parking and parking permit system for Marina and Beach Park lots. Pay stations were proposed for the Marina's south, central and north parking lots and in the front and back Beach Park lots. A fee schedule was to be designed to accommodate the various users of the facilities and the fees used to help cover the costs to manage and maintain the facilities. For more than a decade, parking fees have been charged in this way at the Redondo Beach parking lot in south Des Moines.

The City has heard from many of its citizens who are concerned about the parking fees. The Marina and Beach Park are special places where for decades people have been able to park and play for free. Parking fees, however, are becoming the norm at many heavily used public facilities, such as the Marina and Beach Park, as a way to keep the gates open. More and more, local, regional and state parks have had to begin collecting parking fees to help keep these facilities open and running.

For now, though, the Pay Parking proposal for the Marina and Beach Park has been placed on hold through 2014 so that additional economic analysis can be conducted. The City will keep residents informed of any changes that occur via future editions of the *City Currents* magazine and on the City's web site at www.desmoineswa.gov

Fireside Chats 2014

We continue our informative and interesting Fireside Chats at Des Moines Activity Center. Local community leaders are invited to the center to answer questions and provide information on their area of expertise and the services they coordinate. Our Spring/summer Fireside Chats are as follows.

Rikki Marohl Des Moines Waterfront Farmers Market

Be the first to hear about all the plans for the summer 2014 Des Moines Farmers Market! The market manager will talk about the history of the market and what the future holds. She will also discuss the importance of supporting local farms and eating healthy.

T 5/20 11:30am DMAC

Glenn Akramoff City of Normandy Park City Manager

City Manager Glenn Akramoff will join us to share "what's new" with the Normandy Park community.

T 6/10 11:30am DMAC

Join the City of Des Moines for an

OPEN HOUSE

Wednesday, March 26, 2014

5:00 - 7:00 PM

@ Highline Community College, Building 2
2400 S. 240th Street - Des Moines, WA 98198



Provide feedback on future development opportunities and housing choices

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Learn about the planning process and existing conditions



For more information contact:
Nikole Coleman-Porter
ncoleman@desmoineswa.gov
(206) 870-6551

Historic Redondo

IN 1871, SAM STONE HOMESTEADED THE POVERTY BAY AREA. By the 1890s, the small logging settlement of Stone's Landing had been established along the beach. Loggers built a skid road down the slope that several decades later became 1st Avenue. Huge trees were rafted and floated to the Sawmill at Burton in Quartermaster Harbor on Vashon Island.

In 1907, the tragic collapse of the pier took several lives, and a decision was made to change the name of the area to Redondo. By 1916, Nels Christensen had built a boathouse and arcade over the water (see photo to the right.) Inside, there were lockers for changing into bathing suits, and a shooting gallery where clay pipes and dollar bills hung by silk strings from the ceiling. The object was to cut the string with the bullet, and the dollar was yours.

Outside, Nels had rowboats for rent at the small dock to the south of the building. Beautiful double-oared 14-foot lapstrake design. Over time, the building also included 3 bowling lanes, a small dance floor, and a hamburger stand. It has been known as The Redondo Tavern, Redondo Beach Broiler, Fisherman's Market, Sebastian's, Paul's Dock, and became Salty's in 1981.

Weston Betts and his Dad built the Amusedrome Dance Hall and penny arcade across from the boathouse in 1921. That same year they bought a 50-foot diameter Carousel with 36 horses, and established it and a Ferris wheel in their 5-acre kiddieland park, (located where the City of Des Moines boat trailer parking lot is today). Redondo had become a very popular recreation destination.



The waterfront in downtown Des Moines was industrial during those early years, with as many as 12 mills along its shore. The Amusedrome later became the Redondo Roller Skating Rink, (which burned down in January 1951).

Today, you can enjoy Salty's restaurant and fish bar, a half-mile boardwalk, boat launch, fishing pier,

Highline College Marine Technology pier (and aquarium open Saturdays 10-2), scuba divers, ships going by, Wooton Park, and the views of the rugged Olympic Mountains — all make Redondo a special and unique part of a visit to Des Moines. For more information contact me at or carmenscott3@comcast.net 206 824-0999.

– Carmen Scott, Des Moines Historical Society



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HealthPoint Celebrates Grand Opening

New access to medical, dental, pharmacy, and social services

ON JANUARY 10TH HEALTHPOINT CELEBRATED the Grand Opening and Ribbon Cutting of its newest Community Health Center at 26401 Pacific Highway S., Des Moines, WA. The new center officially opened its doors to patients on October 1, 2013, creating primary health care access for 14,000 people in the Kent-Des Moines area, particularly those who have low incomes or lack health insurance.

HealthPoint Midway is a 35,000 square foot comprehensive health center that includes 21 medical exam rooms, 10 dental chairs, a full pharmacy, a medical and dental laboratory, and 3 group meeting rooms. It creates 100 new jobs in the community. Designed as a one-stop health and wellness center, HealthPoint provides multiple services at one location for convenience and ease. Services offered include primary medical care, primary dental care, social support services, and a full pharmacy. Public Health Seattle & King County (PHSKC) has WIC (Women, Infants and Children) offices, and Valley Cities Counseling operates an outpatient mental health center at HealthPoint Midway.

With 11 clinic locations throughout suburban King County, from Auburn to Bothell, HealthPoint is well-known in the region. A recent study by Washington Association of Community and Migrant Health Centers indicates a critical need for health center access in the Midway area, and estimates that by 2015, there will be over 425,000 underserved King County residents needing access to care. "Demand at our clinics has increased dramatically with 90% of our patients living on low income and needing access to health care," said Thomas Trompeter, HealthPoint's Chief Executive Officer. "Our aim is to give people a welcoming health care home that integrates



medical care, dental care, natural and alternative medicine, behavioral health services, social support services and pharmacy services in one place, convenient and easy one-stop shopping for health and wellness for the whole family." There are 37,000 Midway residents living in poverty and 25% of the community is uninsured, compared to 12.1% in King County as a whole.

HealthPoint Midway received a grant funding under the Affordable Care Act to cover part of the construction and start-up costs. Community Health Centers like HealthPoint are a cornerstone of the expanded access strategy in the Affordable Care Act. The opening of HealthPoint Midway coincides with the rollout of major insurance expansions of the Affordable Care Act and the increase in demand that will follow.

For more information, visit www.healthpointchc.org.



Funds Donated to Replace Grand Fir Tree at Big Catch Plaza

In a report prepared by a Certified Arborist and Hazard Risk Advisor, the City was advised that the Grand Fir that serves each year as the community's lighted holiday tree is dying. The report states that there are numerous dead and dying branches throughout the tree's canopy. There is also a wound and decay where the buttress meets the ground and there is evidence of damage from woolly adelgid (small, soft-bodied insects that are closely related to aphids) on the branches. The health and appearance of the tree is not expected to improve. Due to the prominent location of the tree, the report recommends that the tree be removed.



When these concerns were brought to the attention of the Des Moines Legacy Foundation a 501c3 non-profit organization that supports the work of the Des Moines Parks, Recreation and Senior Services, the Foundation stepped forward to provide the funds to replace the existing tree with a 20' Douglas Fir. The City's Parks and Public Work crews are currently working to select and install a new tree for the Plaza.

The City wishes to thank the Legacy Foundation for its generous contribution to the Citizens of Des Moines. For more information about the Des Moines Legacy Foundation and its work to build community, please go to www.desmoineslegacy.org or contact the Parks and Recreation office at 206-870-6527.

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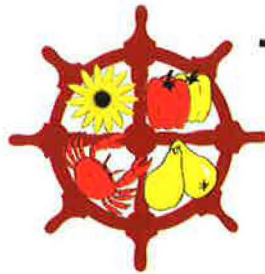


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Aug 9....Health/Fitness Day - Health Driven Food Trucks

Sep 13...Kids Back to School/Safety Day - Food Truck-In

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COMMUNITY EVENTS

Hidden Treasures in Washington's Museums Spark Community Conversation Tuesday, May 13, 2014

Des Moines Legacy Foundation and Humanities Washington partner to bring journalist and author Harriet Baskas to Des Moines for **free Speakers Bureau event**



Harriet Baskas

DES MOINES LEGACY FOUNDATION and Humanities Washington invite the community to an engaging conversation with Harriet Baskas, a member of the 2012-14 Humanities Washington Speakers Bureau. This free event takes place on Tuesday, May 13 at the Des Moines Activity Center, 2045 S. 216th, beginning at 7pm.

Space restrictions allow most museums to display only about 10 percent of their holdings. However, there are also surprising political, philosophical, artistic, environmental and historic reasons why museums keep objects from view. Journalist Harriet Baskas will present a fast-paced, photo-filled and, at times, somewhat offbeat tour of Washington history through the stories of museum artifacts that are rarely – or never – shown to the public. Examples include Bing Crosby's toupees in Spokane, a quilt made of Ku Klux Klan robes in Yakima and Native American spirit boards in Tacoma. We will explore how those objects came to be in the local collections and who makes decisions about what is displayed or kept from view.

Harriet Baskas is the author of the recently released book, *Hidden Treasures: What Museums Can't or Won't Show You* (Globe Pequot, \$19.95), which has received great reviews from USA TODAY. Harriet Baskas writes about airports, museums and a wide variety of other topics for msnbc.com,

USATODAY.com, AAA Journey and other outlets. She also maintains two blogs: StuckatTheAirport.com and MuseumMysteries.com. She produced a major radio series on hidden museum artifacts that aired on National Public Radio, with Smithsonian-based historians as her advisers. Baskas has a master's in communication from the University of Washington and served as general manager for three community radio stations in Oregon and Washington. Baskas is the author of a half dozen books, including *Washington Curiosities*, *Washington Icons* and *Oregon Curiosities*.

Hidden Treasures in Washington's Museums will also bring four of our local historical societies together in one location to share with the audience the "hidden treasures" of their local museums. These are the Des Moines Historical Society, The Federal Way Historical Society, the Highline Historical Society, and the Kent Historical Society. Each historical society will host a table showcasing their hidden treasures, upcoming programs and events, and items they sell to support their services.

A drawing will be held at the end of the evening for a chance to win a signed copy of Harriet's new book, *Hidden Treasures; What Museums Can't or Won't Show You*. For more information, contact Des Moines Activity Center, 206-878-1642.



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Check out the Rec n Roll Guide on the flip side of this magazine for class details or visit

www.desmoineswa.gov for a full listing of activities and services!



1st Annual Common Good Fundraiser Brunch

Saturday, April 26, 2014,
Des Moines Activity Center,
8:30 a.m. – 12:00 p.m.

Destination Des Moines and the Des Moines Arts Commission are partnering up to bring the first Annual Common Good Fundraiser Brunch to benefit activities and organizations that are all about community pride and civic participation!

2014 Fundraising proceeds will support free-admission activities for the whole family including the Waterland Festival Events, Art on Poverty Bay Outdoor Sculptures, Free Summertime Beach Park Concerts, and preservation and restoration of the historic Beach Park facilities.

For more information look under Events menu at www.destinationdesmoines.org



Breeders Theater returns with Tolstory

DES MOINES, Wash. – Breeders Theater is back with a new show for spring, Tolstory, written by T.M. Sell with music by Nancy Warren.

Tolstory is a little bit Tolstoy and a tiny bit Toy Story, as four Russian nesting dolls narrate the life of Katarina Karenin, your typical Russian infant/teen/young woman/older woman.

Tolstory is directed by Teresa Widner Hicks, and features the talents of Deena Chapman, Terri Fincham Conner, Laura Smith, and Erika Zabelle.

The show runs April 4, 5, 11 and 12 at 7 p.m. and April 6 and 13 at 2 p.m. at the Des Moines Beach Park Auditorium, 22030 Cliff Ave. S. Des Moines.

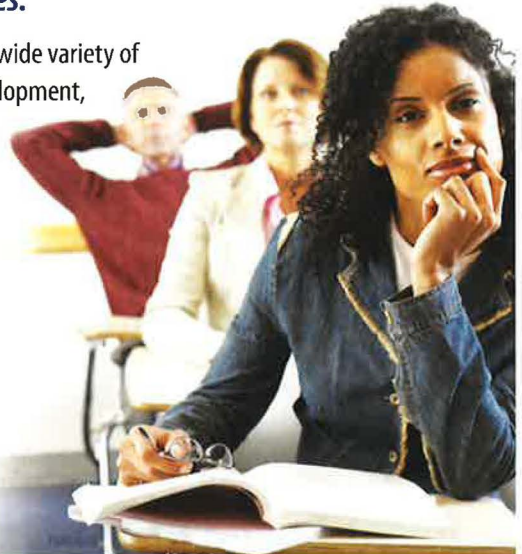
Tickets are \$20 and are available at www.brownpapertickets.com, and through the City of Des Moines at the Des Moines Field House Recreation Office, Monday through Friday, 8 a.m. to 6 p.m. 1000 S. 220th St. Credit card purchases may be made by phone by calling the city Parks and Recreation Department at 206-870-6527, weekdays, 8 a.m. to 6 p.m.



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Judson Park in Des Moines, Washington is managed by ABHOW, a California nonprofit public benefit corporation. ABHOW is a nonsectarian corporation, serving seniors through quality retirement housing since 1949. License #BH-681, DHS #797.



Volunteers Needed to Drive Activity Center Day Trips

Des Moines Activity Center provides a variety of fun and educational day trips for adults 50 years of age and older. Using fourteen passenger buses that do not require a CDL license, volunteer drivers drive and escort travelers on day trips that THEY choose. City staff plan and coordinate the trips, and all driver expenses are paid for. If you enjoy driving, like to visit museums, tourist towns, regional

theatre productions, etc., this is the volunteer opportunity for you!

For those interested in helping out, call (206) 878-1642, or email Sue at Spadden@desmoineswa.gov. All volunteer drivers must pass a background check, have a clean driving record and time to get a current CPR card, paid for by the city. Drivers will also attend the AARP Safe Driver class offered at the activity center.

Volunteer Opportunity! Puget Sound Starts Here! Let's all do our part

The City has put together a great volunteer activity for anyone middle school age and above. The Surface Water Management Department is looking for Storm Drain Marker volunteer(s) to place "Puget Sound Starts Here" markers near neighborhood catch basins in our community. The Storm Drain Marker program will help raise awareness about the impact of pollution in the waterways of Des Moines and act as a measure to help stop illegal dumping down our drains which ultimately lead to Puget Sound.

Puget Sound Starts Here! - Statewide Campaign

The City of Des Moines has joined with the Puget Sound Starts Here! Statewide Campaign to keep pollutants out of our waterways. Anyone can help by adopting these simple habits into their daily life:

- Use moderate fertilizer on your lawn.
- Make sure all garbage is placed into lidded containers and protected from rainfall.
- Scoop up after your pet.
- Recycle your yard waste and do not dump yard debris or grass clippings near streams.
- Report any spills, water discoloration, or water sheen.

For more information about volunteering or to report an illegal discharge, Please call Tyler Beekley @ 206.870.6869 or email at tbeekley@desmoineswa.gov. After hours call hot line 206.550.5612.



Learn more about the workshop.
Watch: youtu.be/qnRJDnVRxAA

Free Auto Leaks Workshops

Workshops offer oil-leak inspections

Drivers can learn basic car care and get an oil-leak inspection at free auto leaks workshops offered by the Department of Ecology and Seattle Public Utilities. In addition to the professional inspection, the classes, valued at \$125, will cover how to check basic car-care systems, vital fluids, belts, hoses, filters and much more.

Choose from these upcoming dates and locations:

- Renton Technical College
Mar. 1, Mar. 15, Apr. 19, May 3, May 17, June 7
- South Seattle Community College
Mar.15, Apr. 19, May 17, June 21.
- West Seattle High School: March 8.
- Shoreline Community College: Dates coming soon....

To register or for more information visit www.fixcarleaks.org.



Housing Repair Assistance Program



The City of Des Moines is once again providing minor home repair services to City resident homeowners who have "extremely low" to "low" incomes based on the U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes.

SERVICES PROVIDED INCLUDE:

- Electrical – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids – installation of grab bars, handrails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms & locksets
- Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months and have proof of home owner's insurance
2. Complete the application process

HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at: 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated, you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance, your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

Des Moines Family Dentistry

Dr. Charles Holmes
Dr. Ryo Hosaka



www.charlesholmesdds.com
(206) 575 4840 • 22030-7th Ave So. Suite 105 • Des Moines, WA 98198

Call for an appointment today



John L. Scott® REAL ESTATE

22506 Marine View Dr. S.,
Suite 301, Des Moines

Only minutes away from SeaTac Airport

*Old Fashion Service with
New Fangled Technology*

(206) 870-8800

Offices Independently Owned and Operated

www.johnlscottdesmoines.com



Mind, Body, Spirit

Wesley Wellness Day

Featuring presentations on the healing power of sleep, laughing your way to good health and strengthening your mind and body.

Plus, get a blood pressure check, chair massage, fall risk assessment and much more – **all FREE!**

Thursday, May 8
1:00 p.m. – 4:00 p.m.

**Wesley Homes
Des Moines**
816 S. 216th St.
Des Moines, WA 98198

RSVP today! Space is limited.

206.824.5000 or 855.445.8827 (toll-free)

Register online at wesleyhomes.org



Wesley Homes Des Moines is a not-for-profit retirement community offering a continuum of care for people who love life.



WESLEY HOMES™

FROM THE CHIEF'S DESK



In this edition of *From the Chief's Desk* I wanted to take the time to address questions that are commonly asked of our personnel. In discussing a format for answering questions, the staff at the police department felt *City Currents* would be a great way to get the word out! After an extensive discussion with the staff, we arrived at the 5 most frequently asked questions. If, after going through the questions below you don't find your question, feel free to reach out to us and ask.



Des Moines Police Department 5 Most FAQs

Do I get a concealed pistol license (CPL) from Des Moines PD, or do I have to go to King County?

The Des Moines Police Department has the ability to issue concealed pistol licenses at our main station. You need to come in person and fill out the application form. For new applicants, you need to be fingerprinted. The fee for this is included in the new applicant fee of \$52.50. Once your application is approved, your permit will be mailed out to the address you listed on your application. For CPL renewals, you can stop by our station anytime. The station is located at 21900 11th Ave South Des Moines, WA 98198 and is open 24 hours a day, 365 days a year. CPL holders are eligible to renew their license when they are within 90 days of expiration, the fee for this is \$32. If you come to renew after your license has expired, but you are still within a 90 day window post expiration, the fee is \$42. 91 days after license expiration, the holder would need to proceed as a new applicant.

Do you do fingerprinting there?

Yes, we do. Fingerprinting services are only offered to city residents, for the purpose of pre-employment screening, or concealed pistol license applications. As mentioned above, there is no additional fee for fingerprinting in a concealed pistol license application. For those who bring their own fingerprinting card for pre-employment screening, the fee is \$25. Fingerprinting services are offered on Wednesdays from 12pm to 4pm.

I need a copy of a case report or other document, how do I get it?

You have the right to inspect or request a copy of any public document. There are several ways you can submit a request. You can always stop by the station and make your request in person, you could email us at police@desmoineswa.gov, you could fax a written request to 206-870-7626, or you can submit a request online. The city makes the online process easy for you by allowing access to an online form where you can make a formal request. This form is located on the city website [\[desmoineswa.gov/\]\(http://desmoineswa.gov/\) under the "How Do I?" tab. While hovering over this tab, a drop down list appears. Select Request/Submit a Records Request. On the right hand side of the screen, there is a Quick Link to submit a public records request. The URL that takes you directly to the form is \[desmoineswa.gov/civicweb\]\(http://desmoineswa.gov/civicweb\). For best results, try to be as specific as possible in what you are requesting. Include whether you want the response emailed/faxed back to you, or if you would like to pick it up in person. The fees associated to making a public disclosure request are located on the same page as the Quick Links to submit a public records request. The URL that takes you directly to this document is \[desmoineswa.gov/prrfees\]\(http://desmoineswa.gov/prrfees\).](http://www.</p></div><div data-bbox=)

How do I find out about crime in my neighborhood?

The Des Moines Police Department contributes information on www.crimereports.com to give easy access to the details of crimes that have been investigated by our department. A link to this site can be found on the city's website under the police services tab. Crime reports allows you to search certain date ranges as well as other geographical locations. You can also find out information regarding other jurisdictions in the area that contribute data.

Does the City of Des Moines have a leash law?

Yes, we do. All of Des Moines has a leash law and cleaning up after your pet is also required. Per Des Moines municipal code 19.08, the fine in for a dog off leash in a park is \$291. Per Des Moines municipal code 15.04, the fine for a dog off leash in the Marina is \$513. Per Des Moines municipal code 8.04, the fine for a dog not being under proper leash control on other public property or trespassing on private property is \$86. For those who would like to take their dogs to an off-leash area, Grandview Off-Leash Dog Park is the perfect solution! It is only a few blocks out of Des Moines, just north of Kent-Des Moines Road on Military Road in the City of SeaTac.

Please feel free to contact me with ideas,

questions, comments or suggestions. In the very near future, you'll be able to connect with us via Facebook and Twitter. It's the Police Department's way of building stronger relationships. Stay safe!

Committed to progress,
Chief George Delgado
gdelgado@desmoineswa.gov

Got Drugs?

Des Moines Police Medication Disposal Event April 26th

The Des Moines Police Department has again partnered with the Drug Enforcement Agency (DEA) and will be hosting two National Take-Back Initiative collection sites in the City of Des Moines to collect unused, expired or unwanted prescriptions and over the counter solid medications for safe disposal, with no questions asked. This is a great opportunity for those who missed the previous events, or who have subsequently accumulated unwanted, unused prescription drugs, to safely dispose of those medications. This event will take place on Saturday, April 26th, at the following locations, during the specified times (look for the Des Moines Police Mobile Precinct):

Saturday, April 26th
Bartell Drugs – Parking Lot
21615 Pacific Hwy South
Collection Times: 9am-1pm
Bartell Drugs – Parking Lot
27055 Pacific Hwy South
Collection Times: 2pm-6pm

For more information or for additional collection sites around the state, visit www.dea.gov or call 1-800-882-9539. Visit www.desmoineswa.gov/drugdisposal for information about proper medication disposal for every other day of the year.

Burglary, Hold up and Panic Alarms Must be Registered with the Police Department

Des Moines Municipal Code 9.10 requires ALL residential and business burglary, hold up and panic alarms be registered with the Des Moines Police Department. In addition, ANY alarm systems, whether monitored or not, that emits an audible or visual signal must also be registered. Your alarm company does not do this for you! Registration forms and information may be obtained on the City of Des Moines website at www.desmoineswa.gov by clicking on the "Forms & Documents" section, by calling the Des Moines Police Department Alarm Administrator at (206) 870-7617 or by coming into the Police Department, which is open 24 hours a day for your convenience.



EVERY YEAR you are required to submit a new registration form in order for the Police Department to ensure we have current contact information in case of an emergency. In addition to the new registration form, there is also an annual \$25 registration fee due. If you have registered your alarm in the past, we will send you an invoice when it is time to renew your permit. Currently, the penalty for failing to register your alarm is \$200 per year and there is a \$200 fine for each alarm at a non-registered alarm system.

The false alarm reduction ordinance has been highly successful, as demonstrated by the reduction in false alarm calls by almost 60% consistently, when compared to prior to the program's inception. This decrease in false alarms represents a significant cost savings to the Des Moines Police Department and the Des Moines community and allows Officers to focus their efforts in other areas.

For additional information, please contact the Alarm Administrator at the Des Moines Police Department (206) 870-7617 or email kbatteerman@desmoineswa.gov.

COMING SOON! Public Assistance Memos (PAM)

In 2014 the Planning, Building, and Public Works (PBPW) Department will be rolling out Public Assistance Memos (PAMs) that are designed to provide user-friendly information on a range of permits and procedures you may encounter while conducting business with the City. The range of topics will include: signs, fences, subdivisions, boundary line adjustments, accessory living quarters, and many more! Staff will be placing the PAMs online, distributing via email, and handing them out in person as each topic is completed.

COFFEE WITH A COP

The Des Moines Police Department is inviting all Des Moines residents to attend an upcoming Coffee with a Cop event. Coffee with a Cop is a national initiative supported by The United States Department of Justice, Office of Community Oriented Policing Services. The program aims to advance the practice of community policing through improving relationships between officers and community members by providing a unique opportunity to ask questions and learn more about the department and the officers one cup of coffee at a time. There will be no formal presentations.



Upcoming Des Moines Police Coffee with a Cop Schedule

Saturday, March 15th, 8am - 10am

Redondo Square Safeway

Monday, April 7th, 11:30am - Noon

Des Moines Activity Center

Saturday, April 19th, 8am - 10am

Safeway - 216th and Pacific Hwy

Saturday, May 17th, 8am - 10am

North Hill Espresso

Saturday, May 31st, 8am - 10am

Kickstand Coffee - Redondo Boardwalk

For more information about Coffee with a Cop in Des Moines contact CSO Tonya Seaberry at (206) 870-7619 or email at tseaberry@desmoineswa.gov.

Dr. Bae has been named a "SEATTLE TOP DENTIST" by her peers and recognized in the *Seattle Metropolitan Magazine*

Dr. Vivian Bae has been serving the Des Moines/Burien area since 2005. As members of the local community, her office is committed to providing personal, high quality dental care to you and your entire family.



Vivian H Bae DDS
FAMILY DENTAL CARE



20710 1st Ave S, Des Moines, WA 98198 | 206-878-8180 | www.vivianbaedds.com

“Cats and Rats and Groundhogs, Oh My!”

Coexisting with nuisance wildlife and domestic animals

WILDLIFE IS EVERYWHERE, and is one of the wonderful aspects of living in beautiful Des Moines and the surrounding areas. We have lots of lush trees, bushes, grasses and flowers, which is ideal habitat for native critters. However, they can be problematic to the gardener if not kept at bay...so here are some tips!

DO NOT'S:

Do not leave any food sources available- that includes unsecured compost piles, unsecured garbage, rotting ground fruit, loose prey animals (often chickens), or any type of animal food (whether for domestic pets or wildlife).

DO's:

Do attempt to coexist with wildlife- they were here first and we need to all get along. Trapping is usually unsuccessful in the long run, as even once a particular critter is gone, another one (or more) just move in to take its place! Jaw traps are illegal and even humane traps can cause injury. In addition, once an animal like a raccoon is trapped, it is no longer legal to “relocate” it; it must be destroyed. Poisons are problematic for a multitude of reasons, one being that even if the “target” animal is affected, it can then be touched or eaten by a non-target animal (or human) and can sicken or kill that animal (or human).

Do try different methods of repellents- there are many types, and sometimes one may not work that well for you, but another may work just dandy, so keep trying! Most can be found at lawn and garden stores, feed stores, or on the internet. Some examples:

- Motion-sensor water sprinklers, lights or noise makers
- Flashing laser light units (especially for nocturnal animals)
- Repellent products such as gels, crystals and sprays (my favorite is



“Critter Ridder”). Sometimes just plain black pepper works too.

- Fencing and netting (top netting is often very easy to install and is usually inexpensive)
- Flash tape, pinwheels and Mylar or eye balloons
- Predator figures such as owls, hawks or eagles
- Electric fencing (“Fido Shock” brand is a low-impact unit)

When it comes to domestic pets such as dogs or cats coming into your yard and damaging your garden, please give me a call at 206-870-6549 or email me at JMagnuson@desmoineswa.gov so I can assist you. We have leash laws for ALL domestic animals in the City of Des Moines, so even cats are not legally allowed to roam at large.

You can use the above mentioned repellents for domestic animals, as often that solves the problem! However, if you continue to have issues with loose dogs or cats, we recommend you initially contact your neighbors to see if they own the offending pets and let them know that you don't appreciate them damaging your lawn and garden. If that fails, I can assist you in potentially taking enforcement against the pet owner.

HAPPY GARDENING!

“Sweetie Pie”

One of the aspects of my job that I really enjoy is saving homeless pets; we go to great lengths to be humane in our handling and to properly care for pets that end up in our custody. We have been contracting with local veterinary hospitals and a local boarding kennel as shelter facilities for about four years now, and it has been a very successful program- the pets get the very best of care by professional, experienced and caring staff. In addition, we work closely with reputable rescue and adoption groups, foster homes, and non-profit humane societies to help with finding the best placement for homeless pets that are not claimed by an owner.



“Sweetie Pie” had been seen roaming the Beach Park and Marina area for a few weeks, according to several citizens. She is a female Australian Cattle Dog (ACD) also known as a Heeler, and she was very shy and frightened of people. Officer Bill Shepard and I responded to a dispatched call about her, and with the assistance of a few citizens, we were able to get her on a leash and impound her. She seemed to me that she had probably been out on her own for a while, as she was dirty, smelly, and underweight, and didn't trust humans.

I took her to one of our wonderful veterinary hospitals, where they took great care of her while she was held as a stray (as she had no ID); they named her “Sweetie Pie”. All the other surrounding area animal care and control agencies were made aware of her whereabouts, in case someone came looking for her; they could refer them to us. Alas, she was never claimed after being held for a week.

In the meantime, I had been contacting ACD/Heeler rescue groups to see if they could rescue “Sweetie Pie”. I had done a behavior assessment on her, and due to her extreme fearfulness, I did not feel comfortable that she was a candidate for an open adoption. I was hoping one of the ACD/Heeler rescue groups could take her, as they are experienced in dealing with the behaviors of this breed of dog.

Thankfully, one of the rescue representatives told me they would come get her, and then she would be transported to another rescue group. They asked that she be vet-checked, vaccinated and checked for parasites, and we agreed to do that (we used our Adoption Donation funds, so there was no cost to the city!) During her exam, they confirmed that she had already been spayed, and other than still being a bit underweight, she was healthy. The vet staff gave her a bath and got her ready for pick up.

I met the rescue representative at the vet; she had driven from Vancouver, WA. We loaded “Sweetie Pie” up in her vehicle with her other two dogs and off they went. After that, multiple ACD/Heeler rescue representatives did a driving relay, exchanging her and each driving a leg of her Journey so she could end up in Aurora, Colorado! She will now be rehabilitated, socialized and trained, so she will be all ready for her new “forever” home sometime soon!

What a wonderful story this turned out to be, with many different people pitching in and working together to help our little lost soul “Sweetie Pie!”

*Master Animal Control Officer J. Magnuson
Des Moines Police Department
21900-11 Av S, Des Moines, WA 98198
Desk (206) 870-6549, Main (206) 878-3301
www.desmoineswa.gov*

Advertise in City Currents

Mailed to more than 22,000 residents, Des Moines City Currents and Rec n' Roll magazine offers an exciting new communication tool for the City — and an efficient marketing venue for your business! Spring publishes in April. Contact Philips Publishing Group at 206-284-8285 to place your ad or for more information.



GAMEWARDENS ASSOCIATION INC.
Vietnam to Present North West Chapter

Gamewardens Association Inc; Vietnam to Present Northwest Chapter,

has selected the Des Moines Beach Park Event Center for their 2014 Reunion Memorial and Dinner.

These veterans will be hosting their reunion in the Des Moines Beach Park Auditorium the first weekend of August. Part of their reunion celebration will include a memorial service by the waters edge, a formal dinner and the docking of one of their amazing training vessels in the Des Moines Marina. Mark this weekend on your calendar to ensure you take time to come down to the Marina to look at this amazing piece of history!

We anticipate the arrival of the vessel to be on July 31st and departing on August 2. To read more about the Gamewardens Association visit www.tf116.org.



OPEN HOUSE

YOU CAN...

learn about the 2014-2015 Comprehensive Plan Update;

discover visions of the future; and

discuss your views with the planning team.

Des Moines Activity Center
2045 S. 216th Street
Des Moines, WA 98198

Wednesday, April 23, 2014
5:00 - 7:00 PM

For more information contact: Nikole Coleman-Porter at ncoleman@desmoineswa.gov or (206) 870-6551



Imagine the area's largest **DUNK TANK**... We have a diving board and we're not afraid to use it

Saturday
APRIL 19
2:30pm



Which
Local Public Official
will you make

WALK THE PLANK
FOR KIDS?

Invest \$1 per vote for the Local Public Official you want to **WALK THE PLANK** at the Mount Rainier Pool April Pools Day celebration on Saturday, April 19 • All proceeds benefit the Faith Callahan Memorial Swim Scholarship Fund to help Des Moines residents learn to swim • **Cast your vote:** 1) online at www.desmoinespool.com or 2) at the Pool

MOUNT RAINIER POOL

APRIL • MAY • JUNE 2014*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:30 am	Available for rentals	Lap Swim		Lap Swim		Lap Swim	Swim Team
7:30 - 8:30 am		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
8:30 - 9:30 am		Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	
11 am - 1 pm		Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	
1 - 2:30 pm		Lessons	Lessons	Lessons	Lessons	Lessons	Lap Swim 12-1 pm
2:30 - 5:30 pm		Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Public Swim 1-2 pm
5 - 7 pm		Swim Lessons & Swim Team	Swim Lessons & Swim Team	Swim Lessons & Swim Team	Swim Lessons & Swim Team	Family Swim 6 - 7 pm	\$1 Public Swim (First Sat. monthly)
7 - 8 pm		Public Swim	Water Exercise	Public Swim	Water Exercise	Public Swim	Available for rental 2 (3) -10 pm
8 - 9 pm	Lap Swim/Exercise		Lap Swim/Exercise		Lap Swim		

*For Prices or the July - August schedule, please call: 206.824-4722 or visit us at www.mountrainierpool.com

COUPON EXPIRES AUGUST 31, 2014

GOOD FOR ONE FREE LESSON
when signing up for a full session*
of summer swim lessons at
Mount Rainier Pool

CONSUMER: Coupon void if copied. Cash value 1/100¢. LIMIT: One coupon per family. Offer may not be combined with any other offer.

COUPON EXPIRES AUGUST 31, 2014

GOOD FOR ONE FREE PUBLIC SWIM, LAP SWIM or WATER EXERCISE
at Mount Rainier Pool

CONSUMER: Coupon void if copied. Cash value 1/100¢. LIMIT: One coupon per visit. Offer may not be combined with any other offer.

MARK YOUR CALENDARS: 4•19•2014

April Pools Day

CHANCE
TO WIN A
FREE LIFE
JACKET



TWO 2-HOUR SESSIONS

Noon and 3^{pm}

- Join us to learn about the importance of swimming and water safety
- Bring your swimsuit for a **FREE** hour-long **Public Swim** during the second half of each session
- Dive for prize-filled eggs in for our **Underwater Easter Egg Hunt**
- Compete in our most unique pronunciation of **MERP Contest**
- Visit our food and game booths and get a **FREE MRP tattoo**

DISCOVER

Water: It's Elemental

- Learn about water safety at the beach, on the lakes and rivers from our friends at South King Fire and Rescue
- Touch some of the creatures that inhabit the waters of Puget Sound with our friends from Highline's MaST Center
- Learn about SCUBA and how you can learn to swim with the fishes

GET A FREE* FISH

Like you, fish love to swim and all participants in our April Pools Day event can (with parents' permission) get their very own goldfish to raise and remind them every day how much fun swimming is!

* Parents: Fish will come in a plastic bag. Participants should have their own containers and appropriate food available once they return home. Please help us assure our finny friends will be treated lovingly!



MOUNT RAINIER POOL
22722 19TH AVE S • DES MOINES
206.824.4722
www.mountrainierpool.com

MEETING AND FACILITIES RENTALS



Summer is almost here!
Book your summer picnic shelter
today, space is filling up fast!



Des Moines facilities highlight the breathtaking beauty of the Northwest offering the perfect setting for weddings, banquets and other community events! Outdoor shelters are great for summer picnics and family gatherings!

Beach Park Auditorium

Our historic, yet contemporary, Beach Park Auditorium boasts stained glass windows, an outdoor patio, and cathedral ceilings with exposed wood beams that enhance the ambiance in true Pacific Northwest style. Adding to our Northwest elegance, you and your guests will enjoy picturesque views of Puget Sound and the Olympic Mountain Range. Both create the perfect back-drop to capture your day for years of lasting memories.

Founders Lodge

With its floor to ceiling windows, the panoramic views of the Puget Sound and the Olympic Mountain Range are breathtaking any time of year. Nature is ever present in this rustic venue that spans the babbling Des Moines Creek.

Des Moines Activity Center

The Des Moines Activity Center is a true hidden gem that affords a private feel for your guests yet is just two turns away from the Kent-Des Moines exit off Interstate I-5. Gleaming hardwood floors and a large stained glass window compliment exposed wood beams. Ample on-site parking and a first class kitchen make this a perfect event space.

Field House

Built in 1939 as part of the Works Progress Act, the Field House is the only full log cabin in Washington State. The surrounding park features newly installed play equipment, tennis courts, a skate park, and a baseball/softball field and picnic shelter. Choose from one of three spaces available for rent.

Contact

"Let me help you select the perfect facility for your special event!"

Shannon Kirchberg
Events and Facilities Coordinator
206-870-9370
skirchberg@desmoineswa.gov
www.beachparkeventcenter.com



Beach Park Auditorium



Des Moines Activity Center



Founders Lodge



Des Moines Field House



SPECIAL EVENTS

EGGStravaganza

SATURDAY,
APRIL 19, 9-10AM

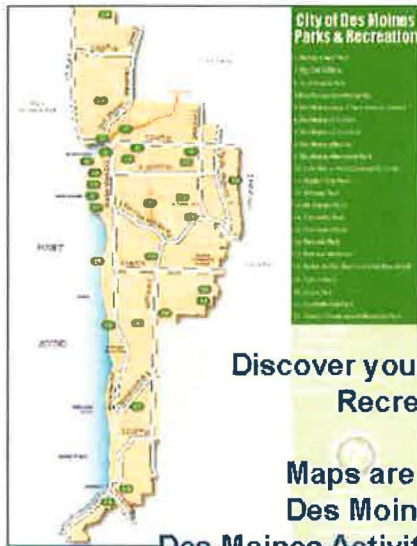


Enjoy a leisurely
EGG-HUNT!

Des Moines Beach Park, \$5

Fun Crafts, Activities & Prizes,
Photo Opportunities with the Easter Bunny
Children Grade-6 & under
Children under age 5 need to be
accompanied by an adult

Sponsored by: Des Moines Legacy Foundation



Discover your City's Parks & Recreation Facilities!

Maps are available at the
Des Moines Field House,
Des Moines Activity Center and at
www.desmoineswa.gov.



SPORTSNIGHT 2014 MARCHMADNESS

FRIDAY MARCH 21

6-11PM DES MOINES FIELDHOUSE

\$50 PER PERSON \$375 PER TABLE

★★ Reservations accepted at the door or call 206-870-6527 ★★

Get ready to
REPRESENT

SHOW YOUR SCHOOL PRIDE
AND WEAR YOUR COLORS

We put the
Fun
back into
fundraising!

Prizes • Auctions • Buffet
Casino Games • Beer & Wine • Fun

SPONSORED BY DES MOINES LEGACY FOUNDATION
PROCEEDS BENEFIT YOUTH RECREATION ACTIVITIES





SENIOR OUTINGS

DAY TRIPS

Explore the Northwest and leave the driving to us!

Back to Mohai Seattle	Thur, May 1	9:30am-3pm	\$9
The Beginning of the Civil War Exhibit Tacoma	Wed May 7	9:30am-2pm	\$9
The Outlet Collection Seattle Auburn	Wed May 14	9:30am-3pm	\$9
Point Defiance Zoo & Aquarium Tacoma	Wed May 14	10am-4pm	\$21
Funny Girl, Village Theatre Issaquah	Sat May 31	1-6pm	\$62
Pike Place Market Food Tour Seattle	Wed June 4	11:15am-4pm	\$54
Sister's Summer School Catechism, Centerstage Federal Way	Sat June 14	1:15-4:30pm	\$30
Wallaby Kangaroo Ranch Fall City	Wed June 18	9:30am-4pm	\$18
The Gershwin's Porgy & Bess Seattle	Wed June 25	6:15-10:30pm	\$68
Recycled Spirits Metal Sculpture Elbe	Wed July 9	8am-5pm	\$20
Raspberry Fields Forever Lynden	Wed July 16	8am-5pm	\$15
Powellswood Storytelling Festival Federal Way	Sat July 19	10am-4pm	\$24
Johnson Observatory Mt St Helens	Wed July 30	8am-5pm	\$31
Clearwater Casino Cruise Agate Pass	Wed Aug 13	9:15am-6:30pm	\$82
Crystal Mt Gondola Crystal Mountain Resort	Wed Aug 20	8:30am-5pm	\$30
Japanese-American Exclusion Memorial & Bainbridge Island Historical Museum Bainbridge Island	Wed Aug 17	9am-4pm	\$21



REGISTRATION INFORMATION

City of Des Moines Parks, Recreation and Senior Services Department

**PARKS AND RECREATION
ADMINISTRATIVE OFFICE**
1000 South 220th Street
Des Moines WA 98198
206-870-6527
TDD Line: 206-824-6024
Fax: 206-870-6587
recreation@desmoineswa.gov
www.recreation@desmoineswa.gov
Hours: Monday – Friday, 8am-6pm

**DES MOINES ACTIVITY CENTER
OFFICE SENIOR SERVICES**
2045 S 216th Street
Des Moines WA 98198
PO Box 98576
206-878-1642
Fax 206-878-2260
seniors@desmoineswa.gov
www.seniors@desmoineswa.gov
Hours: Monday – Friday, 9am-4pm

Resident Priority:
Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.) The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

HOW TO REGISTER:
Walk-in: Check, Cash, Visa/MasterCard.
Phone: Visa/Mastercard.

Mail-in: Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at www.desmoineswa.gov/recreation/forms

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Holiday Closures:

Monday, May 26, 2014



SENIOR ACTIVITIES

Blueprint for Living Workshops

A series of workshops and presentations designed to enhance your independence. Presentations are Free unless otherwise noted.

AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the little bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law.

Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program.

Adults Age 50+	\$15AARP Member/\$20AARP Non-member
TBD	10am-2:30pm Activity Center
April 15 & 16	10am-2:30pm Activity Center



MEET TO EAT

Out to Lunch

Enjoy a no-host lunch at new and old favorite eateries all around the Sound. * Indicates Brunch menu

Age 50+	.\$9 Transportation Fee
Departures 10:30-11am	Return 2pm
Friday, May 2*	Salish Lodge Restaurant, Snoqualmie
Friday, June 6	Edgewater Hotel, Seattle
Friday, July 11	Boathouse 19, Tacoma
Friday, August 1	Chambers Bay Grill, University Place
Friday, Sept 5	WildFin American Grill, Renton

Dinner with Friends

Enjoy no-host dining garnished with laughter and companionship.

Age 50+	.\$6 Transportation Fee
Departure 5pm	
Tuesday, April 8	Arcadia, Normandy Park
Tuesday, May 13	Prima Margherita, Des Moines
Tuesday, June 10	Mandarin Kitchen, Des Moines
Tuesday, July 8	The Greek House, Burien
Tuesday, Aug 12	Billy Baroo's, Foster Golf Course, Tukwila
Tuesday, Sept 9	Verrazano's Italian, Federal Way

GET OUT THERE....



TimothyDexter

New York City May 15-19, 2014

A 5-day, whirl-wind tour of New York City includes two Broadway shows, Greenwich Village, Wall Street, Ground Zero, the Metropolitan Museum of Art, Statue of Liberty and more! Stay at the Sheraton Hotel & Towers in Manhattan and enjoy all that "the City that never sleeps" has to offer. Trip includes 5 meals (3 breakfasts, 2 dinners), flight, hotel transfers and guide. \$2,699* double occupancy



Autumn in New England – Oct 1-7, 2014

Take in New England's beautiful fall colors! This 7-days trip includes visits to Boston, Salem, House of Seven Gables, Norman Rockwell Museum, Southern Vermont, Bennington, Vermont farm and country store and apple orchard, Wolfeboro Portland Head Light, Kennebunkport and more. You'll get 9 meals (6 breakfasts, 3 dinners—one of which is lobster!); flight, hotel transfers and guide. \$2,479* double occupancy

Cuba – Rediscovery and Cultural Exploration – Oct 19-27, 2014

Take a never-before-seen-tour of Cuba, as we are guided through Trinidad, Cienfuegos, Havana, the Cuban Fine Arts Museum, Casa Fuster and more! See pottery demonstrations and cigar making, while you eat, drink, and breathe Cuba on this 9 days tour of this newly "opened" country. This 9-day trip includes 19 meals (8 breakfasts, 5 lunches, 6 dinners), flight, hotel transfers and guide. \$4,649* double occupancy

SENIOR ACTIVITIES



Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis. All players draw numbers to determine playing partners and tee position.

\$9-11 Transportation Fee

No Host Green Fee & Lunch

Departure Times: 8-8:30am

Return time: Varies

Date	Course/City	Green's Fee
April 21	Northshore, Tacoma	\$13
May 5	Brookdale, Tacoma	\$17
May 19	Meadow Park, Lakewood	\$18
June 2	Cascade, North Bend	\$16
June 16	Mystery Trip, Surprise	\$25
June 30	Fort Lewis, Tacoma	\$15
July 14	Lake Wilderness, Maple Valley	\$21
July 28	Nile Shrine, Mountlake Terrace	\$16
August 11	Madronna, Gig Harbor	\$17
August 25	Rolling Hills, Bremerton	\$19
September 8	Auburn	\$17

Mobile Computer Classroom Workshops

King County Library System's mobile computer classroom returns to Des Moines Activity Center with a variety of workshops! Register now, space is limited!

Adults 50+

FREE

Computer Basics

Up your skills and understanding so you and the mouse can arrange windows, browse the Internet and library catalog, select items and text with ease and proficiency.

W May 14 10:45am-12pm Activity Center

What's Your deVICE?

Explore the apps your device has and how to use them. Discover how to download digital books and fun ways to use what you have. Bring your de VICE.

W May 14 12:30-1:45pm Activity Center

What's Your deVICE?

new students only

Explore the apps your device has and how to use them. Discover how to download digital books and fun ways to use them. Bring your de VICE.

W June 11 10:45am-12pm Activity Center

Internet Basics

Learn the vocabulary, explore how to find websites, understand services and security and get tips on how to achieve useful results.

W June 11

12:30-1:45pm

Activity Center



HORTICULTURE OUTINGS

Explore lush and varied Northwest gardens and nurseries. No-host lunch and garden admission fees when applicable.

Age 50+ \$9 Transportation Fee or *car-pool

10am departure unless otherwise noted

FRIDAYS DESTINATION:

April 25 Lake Washington Tech College Plant Sale

May 9 Flower World-Maltby, brown bag lunch

May 16 PowellsWood Garden, Federal Way*

May 23 Anderson Garden, Enumclaw

June 6 Sorticulture-Everett 9:30am

June 13 Ghosthorse Hollow-Snohomish** 9:30am

**brownbag lunch



ADULT & SENIOR FITNESS



SENIOR ACTIVITIES

Zumba

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits.

Adults \$32R \$37NR 5-class punch card or \$10/drop-in
M Ongoing
 6-7pm Field House

Belly Dance

Enjoy a fun, effective, low impact exercise consisting of Middle Eastern and American Tribal dance steps for troupe and soloist, body movements, the use of cymbals and the veil. Instructor Sonya Poirier, Babylonian Ensemble.

Adults \$60R \$65NR **Founders Lodge**
W Mar 5-April 23 Beginners 7-8pm
W Mar 5-April 23 Intermediate 8-9pm
W April 30-June 18 Beginners 7-8pm
W April 30-June 18 Intermediate 8-9pm

Kigong

Regain energy and sense of personal power. Learn how to relax while reducing stress. Improve joint strength, balance and range of movement and work to your own capability. Appropriate for any age. Learn and practice 3 short energy circulation forms. Instructor: Rhonda Allison.

Adults \$36
Th April 17 - May 22 5:30-6:30pm Activity Center
Th May 29-July 3 5:30-6:30pm Activity Center

"I started Kigong classes for the exercise; I continue because it's relaxing."
 - Joanne

Energy Yoga

Release stress and re-direct your energy to gain a sense of well being. Sustained poses and gentle stretches will improve muscle strength, range of motion, balance and stability reaching the deep core muscles that stabilize the spine and increase flexibility. Bring a yoga mat. Instructor: Rhonda Allison.

Adults \$36
M Mar 31-May 5 1-2pm Normandy Park Cove
M May 12-June 23 1-2pm Normandy Park Cove
M June 30-Aug 4 1-2pm Normandy Park Cove

Fit2Live360 **FIRST CLASS FREE!**

Meet Fit2Live360: a family of well-rounded experienced athletes and trainers who motivate, inspire and support people with weight loss to strengthen and tone muscles, improve cardiovascular health and get rid of "problem areas". Fit2Live360 family focuses on interval training, running/walking, circuit training, abdominal strengthening, core conditioning and exercise band work. First Visit FREE.

Adults \$110R \$120NR
M/T/Th March 3-27 11am-12pm or 12-1pm Field House
M/T/Th April 1-30 11am-12pm or 12-1pm Field House
M/T/Th May 1-29 11am-12pm or 12-1pm Field House



Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Senior Services. Instructor: Mary Brown.

Adults **Field House**
T/Th/F April 1-29 8-9am or 9:30-10:30am \$39
T/Th/F May 1-30 8-9am or 9:30-10:30am \$43
T/Th/F June 2-27 7:30-8:30am or 8:45-9:45am \$37

Senior Dance

Dancing stimulates your mind, body and soul! Join us on Sundays for live dance music with Randy Litch! Stafford Healthcare provides hot beverages and a door prize - you bring finger-food refreshments!

Adults of all ages welcome!

1-3pm \$5
 Activity Center
Su April 27
Su May 25
Su June 22

Dance for Parkinson's *Do you have a movement disorder?*

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at <http://www.nwpf.org/Programs.aspx?Event=313> or call 877-980-7500. Drop in participants welcome

Adults \$5 Suggested Donation
M March 3-April 21 2-3:30pm Activity Center
M June 9-July 28 2-3:30pm Activity Center

ADULT ENRICHMENT

MORE ACTIVITIES FOR TEENS...

Teens - you may also enroll in American Boating and Dog Obedience courses — see class listings on this page.

American Boating Course

Learn the essential information to operate a boat: boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack-lunch. Fee includes textbook interactive CD and all materials-students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.

Ages: 12-Adult **\$35**

April 12	8am-4pm	Public Works & Parks Service Ctr
June 7	8am-4pm	Public Works & Parks Service Ctr

Creative Writing

Do you have a story to tell? Interested in capturing your family's history? Take advantage of Pat's writing expertise while enjoying a supportive and encouraging environment to keep you going! Beginning and beyond writers are welcome. Instructor: Pat Doheny

Adults **\$54**

Th	April 10 - June 12	10am-12pm	Wesley Gardens
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Memoir Writing

Learn to write the story of your life. Join others as you share your life in a supportive environment. Capture your life and the story of how you came to be who you are and where you are today. Instructor: Pat Doheny

Adults **\$54**

Th	April 10 - June 12	2-4pm	Wesley Gardens
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Watercolor

Whether you have never tried watercolors before, or are an experienced watercolorist, this class takes the mystery out of this often elusive medium. Learn to get the desired colors and values by choosing the correct pigments, using the right mixture of water and paint and paint landscapes from photos and seasonal live subjects such as blooming flowers.

You paint along with the instructor and experienced painters can confidently branch off from this and add their own creative flourishes. Beginners and advanced painters will create their own unique watercolors - with no mud!

Co-sponsored by Seniors Creating Art with funding support from Des Moines Legacy Foundation. Susan Waite



FREE

M	April 14-June 9	10am-12pm	Activity Center
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Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.

Dogs 4+ months **\$85R \$89NR**

Th	April 3-24	7:15-9:15pm	Field House
Th	May 1-22	7:15-9:15pm	Field House
Th	June 5-26	7:15-9:15pm	Field House

Line Dance

Dancing stimulates your mind, body and soul! Treat yourself to an afternoon of fun and movement sampling old and new line dances. No partner necessary. Instructor: Barbara Cornwall

Adults **\$36**

Th	April 3-May 8	2:30-3:30pm	Activity Center
Th	May 22-June 26	2:30-3:30pm	Activity Center

ADULT LEAGUES

Adult Men & Coed Softball League

Spring ball is approaching soon! Get to first base with your team and sign up for a 14-game season topped off with a double elimination post season tournament.

Registration Deadline: April 15 Coach's Meeting: April 15

Adults **\$930R \$985NR (includes sales tax)**

Coed Recreation Division*	Monday evenings	Starts April 28
Men's Recreation Division*	Tuesday evenings	Starts April 29
Coed D/E Division	Wednesday evening	Starts April 30
Men's D/E Division	Thursday evenings	Starts May 1

*no E or D caliber players

Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines' recreational coed softball team!

Age: 50 & better

Player fee: ranges between \$20-\$40 (determined after the sign-up and sponsor deadline.)

Practices	Tu/Th	April
Games	Tu/Th	May 1- early August
Game Times		10am
Practices & Home Game		Steven J Underwood Memorial Park
Away League Games		Fields throughout King County

Call 206-878-1642 for details.

YOUTH ACTIVITIES

YOUTH

Gymnastics - Beginning Girls

This fun-filled class develops basic skills and fundamentals on all four of the women's Olympic events (uneven bars, balance beam, floor, and vault) in addition to trampolines and foam pit. Gymnasts will gain skills, strength and flexibility while building their self-esteem in encouraging group classes. Instruction: Metropolitan Gymnastics.

Age 5 +		\$70R \$75NR
Sa April 5-26	10-10:55am	Metropolitan Gymnastics
Sa May 3-31	10-10:55am	Metropolitan Gymnastics
Sa June 7-28	10-10:55am	Metropolitan Gymnastics

Gymnastics - Beginning Boys

This fun-filled class develops basic skills and fundamentals on all six of the men's Olympic events (parallel bars, High Bar, floor, rings, pommel horse, and vault.) in addition to trampolines and foam pit. Gymnasts will gain skills, strength, and flexibility while building their self-esteem in encouraging group classes. Instruction: Metropolitan Gymnastics.

Age 5-6	10-10:55am	\$70R \$75NR
Age 7+	11-11:55am	\$70R \$75NR
Sa April 5-26		Metropolitan Gymnastics
Sa May 3-31		Metropolitan Gymnastics
Sa June 7-28		Metropolitan Gymnastics

Acrobats for Kids

Been to the Circus? That is where you'll find Acrobats-it is all about speed and flexibility! Acrobatics are both gymnastic and 'martial art' in style, perfect for both boys and girls. Rolls, Cartwheels, Backbends, Handstands and Walkovers will all be covered in addition to the Pretzels and Wigwags-specific to Acro work— great fun for all ages! Instruction: Melanie's Dance Studio

Age 5-9		\$52R \$57NR
M April 14-May 19	5:30-6:15pm	Field House

HIP HOP Dance

Got MTV? Want to learn the latest moves from Coast to Coast? Learn to dance like "America's Best Dance Crew" and pick up the latest in Hip-Hop and LA Funk. Instruction: Melanie's Dance Studio staff with industry and award-winning choreographer expertise. No experience needed.

Age 5-7	6:15-6:45pm	\$42R \$47NR
Age 8-11	6:45-7:15pm	\$42R \$47NR
M	April 14-May 19	Field House

Ballet

Ballet is the true expression of classical art that provides strength, beauty, posture and grace. A well rounded weekly program including stretching, injury prevention, Barre, Center and Across the floor work. Terminology and proper technique are emphasized. Perfect for the beginning dancer. Instruction: Melanie's Dance Studio

Age 5-8		\$42R \$47NR
M	April 14-May 19	7:15-7:45pm Field House

Tiger Kids Martial Arts

Improve motor skills and coordination while building self-confidence through the use of martial arts and fun games - bag kicking and padded sword-sparring! Includes a white belt for first time participants! Instructor: Mitch Mayberry, International Champion, 8th degree Master Instructor.

Age 4+		\$85R \$90NR plus \$14 AAU Membership
W April 16-June 4		
Tiny Tigers	Age 4-6	4:15-4:45pm
Beginners/white belt	Age 6+	4:45-5:25pm
Colored Belts	Age 6+	4:45-5:45pm

Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock

Age 12+		\$25R \$30NR
W/F April 2-30	5-6:30	Field House
W/F May 2-30	5-6:30	Field House
W/F June 4-27	5-6:30	Field House

TEEN

Des Moines Youth Council

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games.

Enrollment is open and drop-in participation is encouraged. Call in advance to confirm meeting dates. Facilitator: Parks and Recreation staff.

Grades 6-9		FREE
Meets every other Wednesday	4:30pm	Des Moines Field House

Teen Dances

Kick it at theme dance parties hosted by Des Moines Youth Council! Theme dance parties feature contests, concessions and dancing. Facilitator: Parks and Recreation staff.

Grades 6-8 – student ID required for admission		\$7
April 25	Neon Glow	Field House
June 6	Zombie Apocalypse	Field House



YOUTH ACTIVITIES

TODDLER/PRESCHOOL

Robyn's Nest Pre-School

Mom and Dad – take a break while your children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry and outdoor fun. Facilitators: Trained Staff w/ CPR/First Aid certification

Ages 3-5			\$110R \$115NR
M/T/W/Th	April 1-May 1	9:30am-12pm	Field House
M/T/W/Th	May 5-29	9:30am-12pm	Field House



Preschool Dance Classes

Expect lots of fun with frolicking and general silliness in these classes designed with the young child in mind. The emphasis on fun and play as students explore movement in Ballet, Jazz & Tap through a unique blend of play, creative movement and props balanced with real terminology and technique. Instruction: Melanie's Dance Studio

Age 3-5			\$42R \$47NR
M	April 14-May 19	5-5:30pm	Field House

Family Yoga Time

Beneficial and fun for the whole family, we will play with animal poses such as cobra and butterfly! Be prepared for an informal and playful yoga time with your little one. Bring a mat if you have one and wear comfortable clothes for movement. Instructor: Dawn Jex, RYT

Pre-K w/guardian			\$42R \$45NR
Tu	April 15-May 27	1-2pm	Field House Studio

Gymnastics for Mom & Tots

Your child will learn muscle coordination, motor skills and group socialization. Enthusiastic coaches and colorful environment promote enjoyable and successful experiences. Instruction: Metropolitan Gymnastics.

Age 16 mo-4			\$55R \$60NR
Sa	April 5-26	10-10:45am	Metropolitan Gymnastics
Sa	May 3-31	10-10:45am	Metropolitan Gymnastics
Sa	June 7-28	10-10:45am	Metropolitan Gymnastics

Gymster

This dynamic class introduces the basics of gymnastics. This class enhances fine and gross motor skills; as well as, improving listening, balance, coordination and strength. Children participate independently from parents. Pre-requisite: potty trained. Instruction: Metropolitan Gymnastics.

Age 3-4			\$55R \$60NR
Sa	April 5-26	11-11:45am	Metropolitan Gymnastics
Sa	May 3-31	11-11:45am	Metropolitan Gymnastics
Sa	June 7-28	11-11:45am	Metropolitan Gymnastics



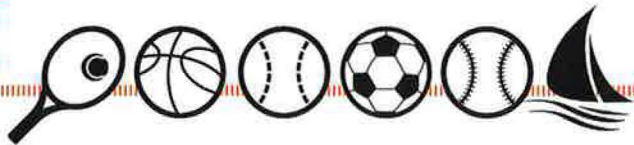
YOUTH SPORTS



Sizzling Hot Camps slated for Summer 2014!

- Diamond Skills Baseball
- Youth Sailing
- Tennis
- Mini Kickers
- Youth Basketball

New this summer, **3 on 3 Basketball League** for K-Grade 6.
Details available mid-May when the Summer Issue of Rec 'n Roll hits the stands!



Tee-Ball / Coach-pitch Coed Leagues

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels. Program Dates: June 1- July 31

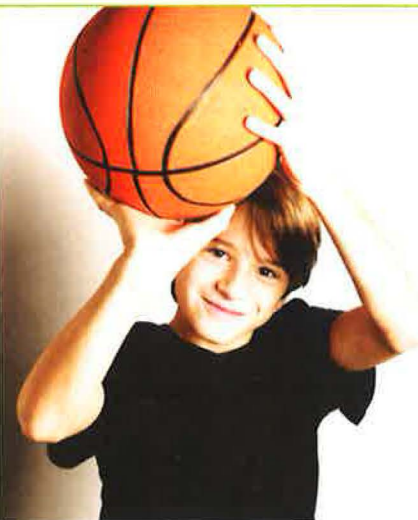
Age 3-5 Tee-ball

Now-Mar 31
April 1-May 16

\$70R \$75NR
\$75R \$80NR

Ages 6-8 Coach-pitch

Des Moines Area Fields
Des Moines Area Fields



Basketball Training/Clinic

Improve your basketball skills with Coach Michael Johnson, formerly of South Sound Athletics, and build the necessary confidence to be a successful B-ball player.

Features: Training and conditioning / Passing, shooting, dribbling and playing without the ball in your hands!

Gain these skills: In/Out crossover / In/Out pin move / Jab step / Shooting mechanics / Jump stop step through / Ways to make your teammates even better!

Coach Michael brings with him the knowledge, passion and skills to improve any basketball player at any skill level.

Age 7-18

T/Th March 4-27 5:30-6:30pm
T/Th April 3-29 5:30-6:30pm
T/Th May 1-29 5:30-6:30pm

\$120R/\$125NR

Field House
Field House
Field House

Club KHAOS Kids having an outrageous school year!

Our energetic and dedicated staff will ease you and kids through an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits wit K-Fit!

Grades K-6

M-F

Highline School District Sites: Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

Federal Way School District Site: Woodmont Elementary School

Financial Scholarships: Please call 206-870-6527 for detailed information!

Monthly, throughout the school year calendar



Wake up in KHAOS

Start your child's day with friends, caring staff, a nutritious snack and a morning filled with enriching activities, individual and group playtime. 6:30am-school start

Sites	Dates	Fee: Res/Non Res
Highline	April	\$245/\$265
Federal Way	April	\$150/\$170
Highline	May	\$270/\$290
Federal Way	May	\$190/\$210
Highline	June	\$160/\$180
Federal Way	June	\$120/\$140

Drop-in Fee:

Highline Sites	\$15/\$17
Federal Way Site	\$12/\$14

Sunset in KHAOS

Relax and know your child is fueled with a nutritious snack, will burn off that excess energy and be absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

School dismissal – 6pm

Sites	Dates	Fee: Res/Non Res
Highline	May	\$300/\$320
Federal Way	May	\$300/\$320
Highline	June	\$175/\$195
Federal Way	June	\$190/\$210
Highline	April	\$250/\$270
Federal Way	April	\$240/\$260

Drop-in Fee:

*Highline Sites	\$15/\$17
Federal Way Site	\$18/\$20
*Highline Sites Early Release Fridays	\$20/\$22

Sunrise to Sunset

Give yourself a worry-free day and enjoy a significant fee reduction!

Sites	Dates	Fee: Res/Non Res
Highline	April	\$310/\$330
Federal Way	April	\$300/\$320
Highline	May	\$360/\$380
Federal Way	May	\$380/\$400
Highline	June	\$215/\$235
Federal Way	June	\$240/\$260

Break Time

This is where to turn when your child is off-school and you are on-work! Break Time provides a warm caring and safe environment where friendships flourish and leadership skills blossom participating in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

Day/Dates	District	Camp	Field House	Fee: Res/Non Res
M-F April 7-11	FW&H	Spring Break		\$150/\$160
Th/F April 17-18	FW	Conferences		\$60/\$65
F May 2	FW	No School		\$35/\$37
F May 16	H	No School		\$35/\$37
M May 26	FW&H	Memorial Day		\$35/\$37
W-F June 18-20	FW&H	Pre Summer		\$90/\$95



Check out the Summer issue due out in May for great deals on **SUMMER CAMP!**

Help a Child Attend Activities or KHAOS!

Your contribution gives local children and teens the opportunity and joy of attending Des Moines Parks and Recreation programs! Make a donation at www.desmoineswa.gov/recreation or by calling 206-870-6527.

Volunteerism

*"It's easy to make a buck.
It's a lot tougher to **make a difference.**"* -- TOM BROKAW

One of the greatest things you can do is give back to your community and Des Moines Parks, Recreation and Senior Services offers a wide variety of volunteer opportunities for you to select from!

Volunteer today
SENIOR PROGRAMS
 206-878-1642
ARTS COMMISSION
 206-870-9370
YOUTH SPORTS
 206-870-6527
YOUTH COUNCIL
 206-870-6527
COMMUNITY PROJECTS
 206-870-6547



Coach Appreciation Night

Tuesday, June 10, 2014 6-7:30pm Field House

We want to celebrate you and thank you for your service! Whether you are a Des Moines Parks & Recreation past, current, or future volunteer coach with us, we invite you to join us for our first ever appreciation night and enjoy some ice cream. Coaches are welcome to bring family, but please RSVP by June 5, 2014 so we can make sure to have enough goodies. For more information contact Cassie Swan at 206-870-6582 or email cswan@desmoineswa.gov.

Sneak Peak at Camp KHAOS SUMMER 2014

Camp KHAOS (Kids Having An Outrageous Summer!)

Monday- Friday 6:30am-6pm
Field House

Let us fill your child's summer days with play, fitness, friendship and new experiences under THE supervision of caring, experienced camp staff. Leaders plan amazing activities – arts, outdoor games, friendly challenges and swimming all around a fun weekly theme. It's all here! All participants receive a Camp KHAOS T-shirt.

Multiple child discounts are applied within immediate family. Call 206-870-6527 for information.

Note: Add \$10 per week of camp when payment is received less than one-week in advance

Age 4-11

Registration Fee: \$25R/\$30NR
 Weekly Fee*: \$148R/\$153NR
 Daily Rate: \$38R/\$43NR

*Free Lunch for
All KHAOS
Participants!*

K2 Teens

K2 will have your teen out on adventures throughout the week building new friendships, playing games, and creating memories! K2-Teens will join in on KHAOS trips and the K2 trip listed plus a bonus trip tbd.

Age 12-15

Registration Fee: \$25R/\$30NR
 Weekly Fee*: \$164R/\$169NR
 Daily Rate: \$45R/\$47NR



Scholarships Available!

WEEK	DATES	THEMES/HIGHLIGHTS	WEEKLY ADVENTURE
Pre	6/18-20	Summer Warm Up	KHAOS - Starplex Cinemas K2 - FROLF
1	6/23-27	Fear Factor	KHAOS - Trampoline Nation K2 - Green Lake
2	6/30-7/3	Moovin' & Groovin'	KHAOS - Roller Skating K2 - LeMay Car Museum
3	7/7-11	Nickelodeon Days	KHAOS - The Tag Zone K2 - FW Community Center
4	7/14-18	Barnyard Palooza	KHAOS - Woodland Park Zoo K2 - Wild Waves
5	7/21-25	Legends, Castles, and Dragons, Oh My!	KHAOS - Magic Show K2 - Geocaching
6	7/28-8/1	KHAOS Excellent Adventures	KHAOS - Ride the Ducks K2 - Laser Tag
7	8/4-8	Camp Throw Down	KHAOS - Bowling K2 - International District
8	8/11-15	Camp Scene Investigators	KHAOS - Pacific Science Center K2 - Boeing Tour
9	8/18-22	Game over	KHAOS - Family Fun Center K2 - Franklin Falls
10	8/25-30	Out with a Bang	KHAOS - Gene Coulon BBQ K2 - Joint Base Lewis McCord

Your Guide to Des Moines Parks, Recreation & Senior Services

Rec'n 2011

March - June 2014



Club KHAOS

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Fitness For Life

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REGISTER FOR

Spring Sports

pg 4 & 7

**Book now for your
Summer event!**

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